



TRANSCEND
AWARDS

Transcend Level 3 Diploma in Coaching

Qualification Specification
Version 02: 01 Sep 2021

FAB
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Welcome!

Welcome to the **Transcend Level 3 Diploma in Coaching**. Transcend Awards Limited is an awarding organisation regulated by Ofqual in England and this qualification is regulated in England by Ofqual. This qualification contains several pathways and can only be completed in the context of one of the pathways. This document contains the qualification purpose. It must be read and complied with conjunction with the *Transcend Centre Recognition Conditions and the Qualification Pathway Documentation*.

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Part 01: Qualification Purpose

Qualification Scope

The **Transcend Level 3 Diploma in Coaching** is an Ofqual regulated occupational qualification that sits in sector subject area 08.1 Sport, leisure, and recreation. This is a qualification which only be achieved in the context a specialist pathway each of which is aligned to professional standards. It is relevant to 16-19-year-old learners in full time education or adults who wish to progress their career and coaching scope. It is for those who wish to coach progressive programmes autonomously in one of the following professional pathways:

Transcend Level 3 Diploma in Coaching [Psychomotricity Proficiency Programmes for Early Years](#)
 Transcend Level 3 Diploma in Coaching [Psychomotricity Proficiency Programmes for Mature Adults](#)
 Transcend Level 3 Diploma in Coaching [Physical Activity Programmes in School Environments](#)
 Transcend Level 3 Diploma in Coaching [Physical Activity Programmes in Community Environments](#)
 Transcend Level 3 Diploma in Coaching [Stakeholder Engagement Programmes in Enterprise Environments](#)
 Transcend Level 3 Diploma in Coaching [Wellbeing Optimisation Programmes in Community Environments](#)
 Transcend Level 3 Diploma in Coaching [Wellbeing Optimisation Programmes in Workplace Environments](#)
 Transcend Level 3 Diploma in Coaching [Wellbeing Optimisation Programmes in School Environments](#)
 Transcend Level 3 Diploma in Coaching [Programme Coordination in Holiday Club Environments](#)
 Transcend Level 3 Diploma in Coaching [Progressive Programmes in Sports Club Environments](#)
 Transcend Level 3 Diploma in Coaching [Competitive Functional Fitness](#)
 Transcend Level 3 Diploma in Coaching [Inclusive Martial Arts Programmes](#)
 Transcend Level 3 Diploma in Coaching [Youth Empowerment Programmes](#)
 Transcend Level 3 Diploma in Coaching [Adult Empowerment Programme](#)

Each qualification pathway It is integral to a progressive suite of coaching qualifications designed to enable learners to gain and retain voluntary and employed roles in the coaching profession. **Successful learners will be able to plan, deliver and review safe, inclusive, progressive coaching programmes and sessions autonomously within their professional scope.**

Qualification regulation	This qualification is regulated by Ofqual in England. It is published as Level 3 qualification on the Register of Regulated Qualifications and is equivalent to a Level 4 on the European Qualifications Framework (EQF) .			
	Regulator reference	603/6400/2	Qualification sector	8.1 Sport, leisure, and recreation.
	Qualification start date	25 Aug 2020	Qualification TQT	374
	Qualification review date	31 Aug 2026	Qualification GLH	152
	Qualification credit	38	Qualification DSH	222

Qualification awarding	This qualification is solely awarded by Transcend Awards Limited as the recognised awarding organisation regulated by Ofqual in England.	
Qualification standards	This qualification is aligned in full to the CIMSPA Professional Standards for Assistant Coach .	
Qualification partners and pathways	This qualification is developed in collaboration with industry leading organisations as the technical partner in each of the qualification pathways.	
	Partner	Pathway
	Aspire Training Solutions	Multi Sports activities in School Environments
	Aspire Training Solutions	Multi Skills activities in Community Environments
	Sportivity Consultants	Multi Skills activities in Holiday Club Environments
	Sportivity Consultants	Psychomotor Proficiency Practices in School Environments
	Sportivity Consultants	Wellbeing Activities in School Environments
	Inspiratus	Wellbeing Activities in Community Environments
	THFI	Wellbeing Activities in Workplace Environments
	THFI	Mature Adult Movement in Community Environments
	BNTC	Sport Practices in Club Environments
	BF3	Competitive Functional Fitness Activities
	BTT	Beth Tweddle Recreational Gymnastics Activities
	Ikkaido	Inclusive Martial Arts Activities
	Inspiratus	Adult Transformation Activities
	First Star Scholars UK	Youth Empowerment Activities
This qualification and each pathway have been validated through industry consultation with professional bodies, sector employers, education providers and equality experts. The collaboration and consultation groups remain in place for the lifetime of the qualification to ensure the qualification and each pathway remains fit for purpose.		

Qualification providers	This qualification and all pathways are designed to be delivered through schools, local, regional, and national training providers, colleges, universities, and industry employers. Each pathway is accessible to education providers that are recognised as centres and approved by the awarding organisation to deliver each qualification pathway separately. Recognised centres are required to deliver the qualification in accordance with the centre recognition and qualification pathway specific delivery conditions.	
	Applicant centres	Recognised centres
	Access the Transcend Awarding Website to submit a centre recognition enquiry to initiate the process.	Access the Transcend Awarding Management System [TAMS] to create and submit the Transcend Recognised Centre Extension Request Form.
Qualification participants + progression	This qualification is relevant to 16-19-year-old learners in full time education and adults who wish to pursue a career as an inclusive coach.	
	Employability progression routes	This qualification can lead to paid employment with a range of employers. They will be employed as a coach in the technical area outlined in their selected pathway.
Qualification participants + progression	Education progression routes	<p>This qualification is integral to a progressive suite of specialist coaching pathway qualifications which include:</p> <ul style="list-style-type: none"> Transcend Level 1 Award in Instructing [in a range of pathways] Transcend Level 3 Diploma in Coaching [in a range of pathways] Transcend Level 3 Diploma in Coaching [in a range of pathways] Transcend Level 4 Diploma in Coaching [in a range of pathways]
Qualification endorsements	This qualification is being submitted for endorsement to The Chartered Institute for the Management of Sport and Physical Activity [CIMSPA] as a professional standard qualification aligned in full to the Assistant Coach. It is also being submitted for endorsement by CIMSPA for 10 CIMSPA CPD points.	

Qualification Summary	
Qualification purpose	The qualification purpose is to confirm occupational competence. The qualification sub-purpose is to confirm the ability to meet legal requirements made by the professional body.
Qualification rationale	The rationale for the development, delivery and awarding of this qualification is to support the professionalisation and subsequent transformation of the coaching workforce. The intent is to support the national health agenda by improving the physical literacy of participants of all characteristics from the WHO model for whole person development,
Qualification aim	The aim of this qualification is to enable learners to plan, coach and review safe, inclusive, and effective Coaching activities in the selected pathway activity and environment.
Qualification objective	<p>The objective of this qualification is to provide a benefit to learners developing the proficiencies required to be a programme coach in a contextualized environment for diverse participants in line with professional and technical standards This will enable them to gain and retain employment in their chosen context. Learners will contextualise programme coach proficiencies to enable them to:</p> <ul style="list-style-type: none"> • comply with legal and regulatory requirements • comply with sector guidelines for professional conduct and duty of care • comply with employer vision, values, strategies, policies, procedures, systems and structures • plan, prepare, deliver, adapt and review safe, inclusive, and progressive coaching programmes and sessions <p>Learners will understand how to engage and develop their participants using inclusive coaching techniques selected to influence whole person development.</p>
Qualification uniqueness	This qualification is unique. It is the only qualification which can be delivered in the unique pathways listed. This qualification is also supported by the first industry wide recognised prior learning strategy. The Register of Regulated Qualifications should be accessed to source information on other awarding organisation providers who offer similar provision.

Qualification Pathway Structure

This qualification is comprised of 11 mandatory units. To achieve the qualification pathway and be awarded the certificate learners must successfully complete all mandatory units. 3 core coaching units that represent the programme coach role. additional units are categorised by environment, and technicality.

The structure for each qualification pathway is pre-determined and fixed for validity purposes. This structure provides the emphasis for the title of the qualification pathway confirmed on the certificate which is the:

Transcend Level 3 Diploma in Coaching [Psychomotricity Proficiency Programmes for Early Years](#)
 Transcend Level 3 Diploma in Coaching [Psychomotricity Proficiency Programmes for Mature Adults](#)
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The structure of each pathway can be sourced in the qualification pathway specifications.

Appendix 02: Qualification Version Control

This document is subject to version control. All changes will be tracked here and confirmed as an updated version.

Version	Publication	Details
Version 01	08 Jul 2020	Publication 01
Version 0	01 Sep 2021	Publication 02: New format for specification