



Transcend Level 2 Award in  
Coaching **Inclusive Martial  
Arts I-Ninja Activities**

**Qualification Specification**

Version 01: 01 June 2021



## Welcome

Welcome to the **Transcend Level 2 Award Coaching Inclusive Martial Arts I-Ninja Activities**. Transcend Awards Limited is an awarding organisation regulated by Ofqual in England, and this qualification is regulated in England by Ofqual. This document contains and confirms the qualification purpose, delivery specification and unit specification for this qualification. This specification must be read and complied with in conjunction with the *Transcend Centre Recognition Conditions* and assessment guidance.

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## Part 01: Qualification Purpose

Qualification Scope				
<p>The <b>Transcend Level 2 Award in Inclusive Martial Arts I-Ninja Activities</b> is for learners aged 16+ who are employed in voluntary or paid roles as youth leaders, coaches, teachers or instructors. Learners are not required to have a martial arts background. They must aspire to deliver safe, inclusive and engaging physical activities to children, young adults or adults in club, community or school environments.</p> <p>Successful learners can use the qualification to gain or retain voluntary or employed roles in coaching the I-Ninja programme in a community, club or school environment. It may be used to evidence annual CPD and support progression onto higher level qualifications in coaching, teaching or instructing in community, club or school environments.</p>				
Qualification regulation <sup>1</sup>	This qualification is regulated by Ofqual in England. It is published as a Level 2 qualification on the <a href="#">Register of Regulated Qualifications</a> and is equivalent to a Level 3 on the <a href="#">European Qualifications Framework (EQF)</a> .			
	Regulator reference	603/7573/5	Qualification sector	8.1 Sport, leisure and recreation.
	Qualification start date	01 Jun 2021	Qualification TQT	22
	Qualification review date	31 Dec 2022	Qualification GLH	08
	Qualification credit	03	Qualification DSH	14
Qualification awarding	This qualification is solely awarded by <a href="#">Transcend Awards Limited</a> as the recognised awarding organisation regulated by Ofqual in England.			
Qualification partner	This qualification is developed in partnership with <a href="#">Ikkaido</a> as a registered charity, social enterprise and the globally recognised governing body for the inclusive martial art style.			

<sup>1</sup> TQT, GLH and DSH are defined on page 7.

Qualification providers	<p>This qualification is eligible to be delivered through training providers that are recognised as a centre with the awarding organisation, approved to deliver this qualification and licenced by Ikkaido</p> <p>It is designed to be delivered through schools, national training providers, colleges, universities and industry employers such as martial art clubs.</p> <p>Contact <a href="mailto:services@transcendawards.com">services@transcendawards.com</a> to access the centre recognition and extensions process.</p>
Qualification participants and progression	<p>This qualification is relevant to learners aged 16+ who are employed in voluntary or paid roles as youth leaders, coaches, teachers or instructors. Learners are not required to have a martial arts background. They must aspire to deliver safe, inclusive and engaging physical activities to children, young adults or adults in club, community or school environments.</p> <p><b>Employability pathway:</b> Successful learners can use the qualification to gain voluntary or employed roles in coaching the I-Ninja programme in a community, club or school environment.</p> <p><b>Education pathway:</b> Successful learners may use this qualification as evidence towards annual CPD and can support progression onto higher level qualifications in coaching, teaching or instructing in community, club or school environments. This qualification sits within a progressive suite of qualifications which is comprised of:</p> <p><b>Transcend Level 2 Award in Leading Inclusive Martial Art Activities</b> <b>Transcend Level 2 Award in Coaching Inclusive Martial Art I-Ninja Activities</b></p>
Qualification endorsements	<p>This qualification is endorsed by The Chartered Institute for the Management of Sport and Physical Activity [CIMSPA] as valid CPD. Industry practitioners are eligible to achieve CIMSPA CPD points upon successful completion.</p> <p>This qualification is supported by Ikkaido as a leading training provider in inclusive martial arts.</p>

Qualification Summary	
Qualification purpose	<p>The qualification purpose is to enable learners to recognise personal growth and engagement in learning.</p> <p>The qualification sub purpose is to allow learners to recognise the development of personal skills and/or knowledge.</p>
Qualification rationale	<p>The qualification rationale is to support the professionalisation of the industry by creating employment and CPD opportunities for coaches, teachers and instructors. It enables them to deliver the I-Ninja Programme, which will, in turn, increase participation in the inclusive martial arts style developed by Ikkaido.</p>
Qualification aim	<p>The qualification aim is to develop the learner's ability to coach activities within the inclusive martial arts I-Ninja programme developed by Ikkaido.</p>
Qualification objective	<p>The qualification objective is to provide a benefit to learners by supporting paid and voluntary roles in the school, community or martial arts club environment. Whilst attending the qualification, learners will develop the knowledge, skills and behaviours to enable them to coach the Ikkaido <b>I-Ninja programme</b> to any person of any ability. Learners will develop safe and inclusive coaching skills and will be able to support the sustainable development of participants using whole person coaching techniques.</p>
Qualification uniqueness	<p>This is the only qualification designed to qualify coaches, teachers and instructors to deliver the inclusive martial arts I-Ninja activity programme.</p> <p>The I-Ninja activity programme is integral to the I-Ninja Awards Scheme. This is a globally recognised scheme that is uniquely developed by Ikkaido to drive social change through increased participation in the inclusive martial art style. The scheme champions equality and well-being for all in accordance with the UN Sustainable Development Goals. Successful learners are eligible to apply to Ikkaido to deliver the scheme in their own occupational environment.</p> <p>The <b><u>Register of Regulated Qualifications</u></b> should be accessed to source information on other awarding organisation providers who offer similar provision.</p>

## Qualification Structure

The qualification structure is comprised of three mandatory units. Learners must successfully complete all three mandatory units to be awarded the qualification certificate. The content of the units is outlined in full in the Qualification Unit Specification section of this document. The units must be delivered in conjunction with the technical syllabus of the Ikkaido Inclusive martial art I-Ninja activity programme.

Unit Title		Ref	Level	GLH	TQT	Credit
Unit 01	Duties of the I-Ninja activity coach	Y/618/7338	2	2	6	1
Unit 02	Driving social change through I-Ninja coaching activities	D/618/7339	2	2	6	1
Unit 03	Deployment skills of the I-Ninja activity coach	Y/618/7341	2	4	10	1
Summary			2	8	22	2

## Part 02: Qualification Delivery Specification

Qualification Delivery Conditions	
<p>This qualification must be delivered in accordance with the <b>Transcend Recognised Centre Conditions</b>. The rules outlined below are supplementary conditions specific to this qualification. Centres must ensure full compliance with ALL conditions to maintain centre recognition and qualification approval status. To become approved for this qualification, centres must evidence the minimum workforce requirements, one delivery site, the confirmed delivery model, a declaration of adherence to the assessment framework, and an internal quality assurance strategy. All other conditions apply upon confirmation of status and in the delivery of the qualification.</p>	
Qualification Resource Conditions	
<p>The recognised centre is required to supplement RC5.1 of the <b>Transcend Recognised Conditions</b> with the following rules.</p>	
Qualification workforce	<p>The recognised centre must ensure that workforce can evidence tutor, assessors and IQA qualifications as outlined in the recognition conditions. This must be supplemented by evidence to demonstrate occupational competence, which includes:</p> <ul style="list-style-type: none"> <li>• a clear Disclosure barring service certificate</li> <li>• a level 2 certificate in coaching inclusive martial arts or equivalent</li> <li>• a current [within 2 years] safeguarding children/vulnerable adults' certificate</li> <li>• a reference to confirm two years of instructing in an inclusive martial arts environment</li> <li>• an orientation into the inclusive martial art philosophy, I-Ninja Programme and qualification</li> </ul> <p>The recognised centre is required to ensure the tutor to learner ratio per course is a maximum of 1:12. There is no minimum ratio. In exceptional circumstances, the awarding organisation will allow adaptations to this requirement to prevent disadvantage to learners and only where the recognised centre can evidence that the learning experience will not be compromised due to a larger cohort</p>
Qualification venues	<p>The recognised centre must have venues, facilities and equipment to cater for the breadth of the learning and assessment programme.</p>

Qualification Coordination Conditions	
The recognised centre is required to supplement RC5.2 of the <b>Transcend Recognised Centre Conditions</b> with the following rules.	
Learner pre-requisites	<p>The recognised centre is required to ensure that the following entry requirements are complied with. Prior to registration for the qualification, learners are required to:</p> <ul style="list-style-type: none"> <li>• be accurately identified</li> <li>• be at least 16 years of age</li> <li>• be able to communicate effectively in English [reading, spoken, listening and writing]</li> <li>• hold or be working towards a<sup>2</sup> teacher, teaching assistant, coach, community leader, youth worker or equivalent qualification</li> </ul> <p>Any learner that does not meet these requirements must not be registered onto this qualification. Learners will not be eligible to deliver without supervision until they are 18 years of age.</p>
Learner adjustments	The recognised centre is required to understand that there are barriers to access on the grounds of disability, pregnancy and maternity for this qualification. This is justified for safety purposes. In these cases, reasonable adjustments must be submitted to the awarding organisation on a case by case basis to support learners and ensure the safety of participants.
Learner agreements	The recognised centre is required to ensure that every learner signs an agreement to attend all aspects of the training and assessment programme in line with the centre's delivery model for this qualification.
Learner attendance and achievement records	The recognised centre is required to track all activities with the booking reference, dates, venues and workforce per learner. Activities must include the initial assessment, learner agreements, attendance on learning and assessments, receipt of learners portfolios, marking, confirmation of results via the LAR, reassessments, remarking and quality assurance interventions. All records and activities must be completed within the learner registration period and subject to effective internal control before making a claim for certification for each learner.

<sup>2</sup> Qualified refers to those who have a minimum of a level 2 regulated qualification in their roles as a coach, teacher or instructor.



## Qualification Delivery Conditions

The recognised centre is required to supplement RC5.3 of the **Transcend Recognised Centre Conditions** with the following rules.

### Qualification delivery model

The recognised centre is required to use the delivery model is provided by the awarding organisation. This is mandatory and must be integrated into a blended training and assessment programme for each cohort of learners. This must be aligned in full to the TQT, GLH, learning outcomes, assessment criteria, delivery content and attainment indicators. The delivery programme for each cohort of learners must be recorded and communicated to each learner.

Phase 01		Phase 02	Phase 03
Pre-course		Practical Learning Workshop	Practical Assessment
Induction Reading: IMA Style Reading: IMA Social Impact Reading: I-Ninja Programme Assessment: Social change Project		Welcome, housekeeping and expectations I-Ninja pre-course reading carousels Inclusive Instruction of I-Ninja week 1 [Basics of behaviours] Inclusive Instruction of I-Ninja week 2 [Basics of striking] Inclusive Instruction of I-Ninja week 3 [Basics of blocking] Inclusive Instruction of I-Ninja week 4 [Basics of kicking] Inclusive Instruction of I-Ninja week 5 [Basics of floorwork] Inclusive Instruction of I-Ninja week 6 [Grading]	I-Ninja technical demonstrations I-Ninja session preparation I-Ninja session delivery and review
1 GLH	14 DSH	2 GLH	5 GLH
Total GLH: 08 Total DSH: 14 TQT: 22			

Delivery materials are provided by the awarding organisation, and use of these is mandatory to ensure learners are properly prepared for their assessment. The training and assessment programme must be mapped to TQT, GLH, learning outcomes, assessment criteria, delivery content and attainment indicators.

### Qualification registration

The recognised centre is required to ensure that learners complete all training and assessment opportunities within a one year registration period.

Qualification Assessment Conditions		
<p>The recognised centre is required to supplement RC5.5 of the <b>Transcend Recognised Centre Conditions</b> with the following rules. The assessment framework for this qualification is externally set by Transcend as the awarding organisation and marked internally by a qualified assessor within the recognised centre.</p>		
Assessment strategy	<p>The recognised centre must ensure the following assessment strategy is complied with. The assessment methods are comprised of a portfolio of evidence and practical demonstration with questioning.</p>	
	Strategy 01	<p>Learners must plan a social change project. To do this, they must describe how the I-Ninja programme could be delivered in the context of their own role and coaching environment in order to drive social change. They must focus on equality and well-being as the main drivers for social change. This must be completed before attending the practical elements of the course.</p>
	Strategy 02	<p>Learners must deliver a technical demonstration of each of the I-Ninja activities within the programme. These must be technically accurate. The coaching style is their own choice based upon their unique needs and those of the participants. Examples include demonstration, use of another person to demonstrate or verbal communication].</p>
	Strategy 03	<p>Learners must plan, deliver and review a 10-minute I-Ninja activity session. This will be prescribed to them by the assessor and will be drawn from the I-Ninja programme. It must include a warm-up, main activity and cool down. This will be observed by the assessor, who will ask a series of questions at the end of the session to enable them to review the effectiveness of the session in light of their duties.</p>
Assessment tasks	<p>The recognised centre must ensure the learners complete the assessment tasks contained in the Learner Assessment Portfolio provided by the awarding organisation. These are designed specifically to cover all assessment criteria and ensure standardisation of assessment. In the rare event that a centre identifies the need to utilise alternative tools, these must be submitted to the awarding organisation with detailed mapping of all aspects of the unit specification. This will be checked for accuracy and comparability to ensure the level of demand in each task is comparable before approval.</p>	
Assessment environment	<p>The recognised centre is required to ensure the assessment tasks are completed in a safe environment. These must be completed in a face to face practical session delivering to peers on course with the assessor present.</p>	

Assessment authentication	The recognised centre is required to ensure that the learner completes assessment tasks without support from others. All assessment must be their own work. Assessors can authenticate the work during practical face to face workshops.
Assessment marking	The recognised centre is required to ensure that a qualified assessor marks the assessment in accordance with the assessment guidance and the VARCS rules of evidence. This means that the assessment must be valid, authentic, relevant, current and sufficient. If learners are dissatisfied with the decision in light of these rules' learners should follow their recognised centre's appeals process.
Assessment attainment	The assessment for this qualification is graded on a pass/refer basis. Assessment criteria and attainment indicators are confirmed in the unit specification. The assessment guidance is also available to support standardisation. These are made available to assessors and learners to support valid and accurate assessment across assessors, recognised centres and over time. Learners must produce evidence against each task. This must be marked in line with the attainment indicators to enable learners to successfully achieve the qualification.
Assessment re-takes	The recognised centre is required to ensure learners are granted three assessment opportunities for each component of the assessment. They may be charged for reassessment at their recognised centre's discretion. All assessment and reassessment must be completed within the three-year period of registration. If learners have not been confirmed as competent by this time, they will not be awarded the qualification.
Assessment re-marks	<p>The recognised centre is required to enforce re-marks at the request of the internal or external moderators or in the event of a learner appeal. Where this is associated with a written piece of work, the recognised centre is required to arrange a remark by an alternative assessor. Where the two outcomes are different, we would expect that a third re-mark is completed. Where the recognised centre does not have this many qualified assessors, they are required to request support via <a href="mailto:services@transcendaward.com">services@transcendaward.com</a>.</p> <p>Where the appeal is associated with the outcomes of the practical demonstration or professional discussion, the assessment records should be reviewed. It is then down to the discretion of the recognised centre to investigate and determine whether the assessment decision stands or whether the assessment decision should be overturned. Where internal moderation has been completed on that particular assessment, the decision should ideally stand unless evidence suggests otherwise. Only if learners have exhausted the centre's appeals process should they bring the matter to Transcend, where the appeal will be managed in accordance with the <i>Transcend Appeals Policy</i>.</p>

## Qualification Quality Assurance Conditions

The recognised centre is required to supplement RC5.5 of the **Transcend Recognised Centre Conditions** with the following rules.

### Assessment standards scrutiny

The recognised centre is required to moderate the assessment in order to check:

- that the assessment was fit for purpose
- that criteria against which each learner's performance is differentiated are accurate and consistent across learners and assessors.

This is called internal moderation and must be completed by a qualified internal quality assurer employed by the recognised centre who was not involved in the assessment. The awarding organisation will also conduct external moderation, undertaken by an external quality assurer employed by the awarding organisation. In both cases, a sample of assessment must be selected using risk-based tactics. This ensures that the level of monitoring is proportionate to the nature of the qualification, workforce competencies, assessment type and the number of learners registered. In all cases, learners must not be provided with results until the moderation has taken place and the awarding organisation is reassured of the assessment results.

This qualification has been assigned a **low-risk profile** due to its nature which should reflect the size of the sampling interventions. The qualification contains practical demonstrations, and physical interventions must be embedded into the samples over time.

## Part 03: Qualification Unit Specification

Unit 01					
Unit title:		Duties of the I-Ninja activity coach			Unit Level 2
Unit aim:		The aim of this unit is to develop the learner's understanding of the duties of an I-Ninja activity coach in inclusive martial arts.			
Learning outcomes		Assessment criteria		Delivery Content and Assessment Attainment Indicators	Assessment
LO1	Understand the role and scope of an I-Ninja coach	AC1.1	Explain the role and scope of the I-Ninja Coach	Coaching of safe and inclusive martial art activities drawn from the Ikkaido I-Ninja programme. Coaching of activities that are not contained in the programme is beyond the scope of practice.	
LO2	Understand the responsibilities of an I-Ninja coach	AC2.1	Explain the professional and ethical responsibilities of the I-Ninja Coach	Embrace the Ikkaido code of conduct and values Embrace the Human Rights Acts to consider participants rights Embrace the United Nations Convention on rights of all children Embrace legislation, regulation relevant to the coaching environment Embrace legislation, regulation relevant to the coaching role and participants Embrace effective participant profiling techniques [age, stage of development, functional capabilities + health] Embrace effective session planning, coaching and review techniques	
		AC2.1	Explain the responsibilities associated with coaching from a whole-person perspective	Coaching techniques to plan, deliver and review I-Ninja activity sessions Coaching techniques to develop participants physical, emotional, social and cognitive attributes	
		AC2.3	Explain the responsibilities associated with coaching the I-Ninja techniques	Inclusive martial art fundamentals of behaviours and body positioning inclusive martial art fundamentals of striking Inclusive martial art fundamentals of blocking Inclusive martial art fundamentals of kicking Inclusive martial art fundamentals of forms Inclusive martial art progress through grading techniques	

Unit 02					
Unit title:		Driving social change through I-Ninja coaching activities			Unit Level 2
Unit aim:		The aim of this unit is to develop the learner's understanding of the impact of i-ninja coaching activities on social change with a focus on well-being and inclusive practice.			
Learning outcomes		Assessment criteria		Delivery Content and Assessment Attainment Indicators	Assessment
LO1	Understand social change and influencing factors	AC1.1	Define social change	Consider the definition of social change Consider key factors in society that require change [Well-being] Consider key factors in society that require change [Equality]	Session review
		AC1.2	Define wellness and analyse wellness dimensions	Consider wellness definition Consider the eight dimensions of wellness Consider the impact of poor well-being	I-Ninja coaching review
		AC1.3	Define equality and describe the protected and other characteristics	Consider equality definition Consider Equality Act 2010 Consider protected characteristics Consider other characteristics Consider the type and impact of discrimination	I-Ninja coaching review
		AC1.	Define inclusion and describe the inclusion spectrum in sport and physical activity	Consider inclusion definition Consider the inclusion spectrum Consider the STEP model	I-Ninja coaching review
LO2	Understand the impact of I-Ninja on social change		Analyse the impact of I-Ninja on social change	Consider the impact of I-Ninja on the well-being of individuals and society Consider the impact of I-Ninja on equality, diversity and inclusion	I-Ninja coaching review

Unit 03				
<b>Unit title:</b>		<b>Deployment skills of the I-Ninja activity coach</b>		<b>Unit Level</b> 2
<b>Unit aim:</b>		The aim of this unit is to enable the learner to develop the skills required to plan, deliver, adapt and review safe, inclusive and effective I-Ninja activities.		
Learning outcomes		Assessment criteria		Assessment
LO1	Be able to coach the I-Ninja programme	AC1.1	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of behaviours and body positioning	I-Ninja technical demonstrations
		AC1.2	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of striking	
		AC1.3	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of blocking	
		AC1.4	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of kicking	
		AC1.5	Be able to coach I-Ninja activities with inclusive martial art fundamentals of forms	
		AC1.6	Be able to assess I-Ninja participant progress through grading techniques	
LO2	Be able to plan I-Ninja activities	AC1.1	Demonstrate ability to plan safe I-Ninja activities to meet participants needs, considering the environment, I-Ninja programme and coaching style	I-Ninja coaching activity plans
		AC1.2	Demonstrate ability to plan safe I-Ninja activities that engage through inclusion techniques	
		AC1.3	Demonstrate ability to plan safe I-Ninja activities that develop participants using whole person coaching techniques	
LO3	Be able to coach I-Ninja activities	AC2.1	Demonstrate ability to coach safe I-Ninja activities to meet participants needs, considering the environment, I-Ninja programme and coaching style	I-Ninja coaching observation
		AC2.2	Demonstrate ability to coach safe I-Ninja activities that engage through inclusion techniques	
		AC2.3	Demonstrate ability to coach safe I-Ninja activities that develop participants using whole person coaching techniques	
LO3	Be able to review I-Ninja activities	AC3.1	Demonstrate ability to review I-Ninja coaching considering participants needs, the environment, I-Ninja programme and coaching style	I-Ninja coaching review
		AC3.2	Demonstrate ability to review I-Ninja coaching considering inclusion techniques	
		AC3.3	Demonstrate ability to review I-Ninja coaching considering whole person coaching techniques	

## Appendix 01: Qualification Affiliates

Transcend Awards Limited	Website: <a href="http://www.transcendawards.com">http://www.transcendawards.com</a> Enquiries: <a href="mailto:services@transcendawards.com">services@transcendawards.com</a> Telephone: 01953 438499
Ikkaido	Website: <a href="https://ikkaido.com/">https://ikkaido.com/</a> Enquiries: <a href="mailto:info@ikkaido.eu">info@ikkaido.eu</a>
The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)	Website: <a href="https://www.cimspa.co.uk">https://www.cimspa.co.uk</a> Enquiries: <a href="mailto:info@cimspa.co.uk">info@cimspa.co.uk</a> Telephone: 01509 226474
The Register of Regulated Qualifications	Website: <a href="http://register.ofqual.gov.uk/">http://register.ofqual.gov.uk/</a>
The Office of the Qualifications and Examination Regulator (Ofqual)	Website: <a href="http://www.gov.uk/government/organisations/Ofqual">www.gov.uk/government/organisations/Ofqual</a>
Department for Education	Website: <a href="http://gov.uk/government/organisations/department-for-education">gov.uk/government/organisations/department-for-education</a>
The Department for Business Innovation and Skills (BIS)	Website: <a href="http://gov.uk/government/organisations/department-for-business-innovation-skills">gov.uk/government/organisations/department-for-business-innovation-skills</a>
Learning Records Service	Website: <a href="http://gov.uk/government/collections/learning-records-service">gov.uk/government/collections/learning-records-service</a>



## Appendix 02: Qualification Version Control

This document is subject to version control. We will request feedback from centres in advance of any change. We will then inform centres of the changes made in advance and re-publish the specification via our website. All changes will be tracked here and confirmed as an updated version.

Version	Publication	Details
<b>Version 01</b>	01.06.2021	<b>First publication.</b>