



Transcend Level 2 Award in
Coaching **Inclusive Martial
Arts I-Ninja Activities**

Qualification Unit Specification

Version 02: 01 Jan 2022



Welcome

Welcome to the **Transcend Level 2 Award Coaching Inclusive Martial Arts I-Ninja Activities**. Transcend Awards Limited is an awarding organisation regulated by Ofqual in England, and this qualification is regulated in England by Ofqual. This document contains and confirms the qualification purpose, delivery specification and unit specification for this qualification. This specification must be read and complied with in conjunction with the *Transcend Centre Recognition Conditions* and assessment guidance.

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Part 01: Qualification Unit Specification

Unit 01					
Unit title:		Duties of the I-Ninja activity coach			Unit Level 2
Unit aim:		The aim of this unit is to develop the learner's understanding of the duties of an I-Ninja activity coach in inclusive martial arts.			
Learning outcomes		Assessment criteria		Delivery Content and Assessment Attainment Indicators	Assessment
LO1	Understand the role and scope of an I-Ninja coach	AC1.1	Explain the role and scope of the I-Ninja Coach	Coaching of safe and inclusive martial art activities drawn from the Ikkaido I-Ninja programme. Coaching of activities that are not contained in the programme is beyond the scope of practice.	
LO2	Understand the responsibilities of an I-Ninja coach	AC2.1	Explain the professional and ethical responsibilities of the I-Ninja Coach	Embrace the Ikkaido code of conduct and values Embrace the Human Rights Acts to consider participants rights Embrace the United Nations Convention on rights of all children Embrace legislation, regulation relevant to the coaching environment Embrace legislation, regulation relevant to the coaching role and participants Embrace effective participant profiling techniques [age, stage of development, functional capabilities + health] Embrace effective session planning, coaching and review techniques	
		AC2.1	Explain the responsibilities associated with coaching from a whole-person perspective	Coaching techniques to plan, deliver and review I-Ninja activity sessions Coaching techniques to develop participants physical, emotional, social and cognitive attributes	
		AC2.3	Explain the responsibilities associated with coaching the I-Ninja techniques	Inclusive martial art fundamentals of behaviours and body positioning inclusive martial art fundamentals of striking Inclusive martial art fundamentals of blocking Inclusive martial art fundamentals of kicking Inclusive martial art fundamentals of forms Inclusive martial art progress through grading techniques	

Unit 02					
Unit title:		Driving social change through I-Ninja coaching activities			Unit Level 2
Unit aim:		The aim of this unit is to develop the learner's understanding of the impact of i-ninja coaching activities on social change with a focus on well-being and inclusive practice.			
Learning outcomes		Assessment criteria		Delivery Content and Assessment Attainment Indicators	Assessment
LO1	Understand social change and influencing factors	AC1.1	Define social change	Consider the definition of social change Consider key factors in society that require change [Well-being] Consider key factors in society that require change [Equality]	Session review
		AC1.2	Define wellness and analyse wellness dimensions	Consider wellness definition Consider the eight dimensions of wellness Consider the impact of poor well-being	I-Ninja coaching review
		AC1.3	Define equality and describe the protected and other characteristics	Consider equality definition Consider Equality Act 2010 Consider protected characteristics Consider other characteristics Consider the type and impact of discrimination	I-Ninja coaching review
		AC1.4	Define inclusion and describe the inclusion spectrum in sport and physical activity	Consider inclusion definition Consider the inclusion spectrum Consider the STEP model	I-Ninja coaching review
LO2	Understand the impact of I-Ninja on social change		Analyse the impact of I-Ninja on social change	Consider the impact of I-Ninja on the well-being of individuals and society Consider the impact of I-Ninja on equality, diversity and inclusion	I-Ninja coaching review

Unit 03				
Unit title:		Deployment skills of the I-Ninja activity coach		Unit Level 2
Unit aim:		The aim of this unit is to enable the learner to develop the skills required to plan, deliver, adapt and review safe, inclusive and effective I-Ninja activities.		
Learning outcomes		Assessment criteria		Assessment
LO1	Be able to coach the I-Ninja programme	AC1.1	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of behaviours and body positioning	I-Ninja technical demonstrations
		AC1.2	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of striking	
		AC1.3	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of blocking	
		AC1.4	Be able to coach I-Ninja activities associated with inclusive martial art fundamentals of kicking	
		AC1.5	Be able to coach I-Ninja activities with inclusive martial art fundamentals of forms	
		AC1.6	Be able to assess I-Ninja participant progress through grading techniques	
LO2	Be able to plan I-Ninja activities	AC2.1	Demonstrate ability to plan safe I-Ninja activities to meet participants needs, considering the environment, I-Ninja programme and coaching style	I-Ninja coaching activity plans
		AC2.2	Demonstrate ability to plan safe I-Ninja activities that engage through inclusion techniques	
		AC2.3	Demonstrate ability to plan safe I-Ninja activities that develop participants using whole person coaching techniques	
LO3	Be able to coach I-Ninja activities	AC3.1	Demonstrate ability to coach safe I-Ninja activities to meet participants needs, considering the environment, I-Ninja programme and coaching style	I-Ninja coaching observation
		AC3.2	Demonstrate ability to coach safe I-Ninja activities that engage through inclusion techniques	
		AC3.3	Demonstrate ability to coach safe I-Ninja activities that develop participants using whole person coaching techniques	
LO4	Be able to review I-Ninja activities	AC4.1	Demonstrate ability to review I-Ninja coaching considering participants needs, the environment, I-Ninja programme and coaching style	I-Ninja coaching review
		AC4.2	Demonstrate ability to review I-Ninja coaching considering inclusion techniques	
		AC4.3	Demonstrate ability to review I-Ninja coaching considering whole person coaching techniques	

Appendix 01: Qualification Version Control

This document is subject to version control. All changes will be tracked here and confirmed as an updated version.

Version	Publication	Details
Version 01	01 Jun 2021	Publication 01
Version 02	01 Jan 2022	Publication 02: Qualification specification and units separated into two documents in line document rules. Separated documents referred to as Version 02. No content changes.